



# Connection Centered Discipline Nanny Certification

test information sheet

Ready to get your CCDNC certificate? Here's all the information you need to know. Please keep this sheet for reference.

To receive your Connection Centered Discipline Nanny Certification you must complete the test and receive a 90% or higher. You're allowed to take as much time on the test as you need and use whatever resources you find helpful.

Your registration includes taking the test up to three times. If you need to retake the test more than three times, there will be an additional charge. (Don't worry, you'll get all the support you need to pass!)

## **PART ONE**

The first part of the test contains multiple choice questions. Please note there may be more than one correct choice for each question. You will be able to see your score for this section immediately after taking the test. You aren't penalized on the test score for checking an incorrect answer however if you've checked three or more incorrect answers in the multiple choice section, you will be required to submit an additional essay question on those responses. This is to ensure you have a working knowledge of the connection centered approach.

## **PART TWO**

The second part of the test contains essay questions. To avoid any test pressure, I've listed the questions below. You can craft your answers beforehand and just cut and paste them into the test.

Please provide a DETAILED answer that includes the necessary components of a connection centered approach. These questions are meant to gauge your working understanding of the approach so please do the work yourself. If it appears the work submitted might not be your own work, you'll be asked to take a companion test verbally to receive certification.

### **QUESTION ONE**

Imagine you've recently started a job and are teaching your new nanny kids (of various ages) a feeling vocabulary. What would you say to a child in the following situations to introduce / teach them the language of feelings?

1. Emily (18 months) keeps throwing food on the floor and yells when you say lunch is over and begin to take her out of her highchair.
2. Sam (3 years old) rips the baby doll out of Kip's hands during a play date. Kip starts crying and just stares at Sam.

3. Katie (8 years old) is putting a puzzle together but can't get the last few pieces to fit. She pick up the puzzle and throws it across the room and screams.
4. Milo (14 years old) is frustrated with homework and throws his pen across the room when you ask how it's going.

#### QUESTION TWO

Please describe a challenging behavior for the age listed and describe how you'd handle it, include an example of acknowledging feelings, offering choices, brainstorming solutions, setting limits, and imposing consequences.

1. infant (6 months to 2 years)
2. toddler (2 – 3 years)
3. preschooler (4 – 5 years)
4. young school age (6 to 10 years)
5. older school age (11 – 18 years)

#### RESULTS

Within 7 days of taking the test, you'll receive your score for the essay section. If you received a 90% or higher on the complete test, you'll also receive your certificate in PDF form. If you scored below a 90%, you'll receive feedback and the opportunity to retake the test.

#### HELP

If you need to retake the test, I encourage you to review the material provided, ask questions in the discussion group, and join in on the group coaching calls. My goal is for you to have a solid working knowledge of the Connection Centered Discipline approach so please reach out with any questions you have or challenges you're having.

#### I'M READY!

[Click here](#) to take the test.